

FINAL ON-SITE PROGRAM — SUBJECT TO CHANGE

2017 MAHPERD 88th Annual Convention

Monday, November 6 and Tuesday, November 7, 2017

PRE-REGISTRATION

Professional 1 day	\$130
Professional BOTH days	\$150
Student (Full Time) 1 or 2 days	\$40
Retired 1 or 2 days	\$40

ON-SITE REGISTRATION

Professional 1 day	\$145
Professional BOTH days	\$170
Student (Full Time) 1 or 2 days	\$55
Retired 1 or 2 days	\$55

PRE-REGISTRATION or ON-SITE REGISTRATION includes all sessions both days, access to Exhibits and Certificate of Attendance for PDPs

DCU Center, Worcester, MA

PAID 2017 MEMBERSHIP IS REQUIRED for either Pre-Registration or Registration.

PDP CERTIFICATION — Be sure to certify your Attendance for Professional Development Points before leaving the Convention each day. See directions for time/place in final on-site program.

Membership Reciprocity with other States honored (current membership card **must** be shown) **BUT** Convention Registration Fee **NOT** waived.

On-Site Registration and Pre-Registration Packet Pick-Up begin at 7:00 a.m.

MONDAY, NOVEMBER 6, 2017

7:45-8:45 (PE-26) Winning Points With Your Students: Using TGfU to Solve Tactical Problems

Activity Area 1

This session will bring TGfU Net/Wall Lesson to life. Questioning, extensions and modifications will be a key to this constructivist approach to teaching games. Formal assessment and lesson plan will be provided.

Track: Approaches in Physical Education

Presenters: Amy Kuphal, Bachelor's degree; Physical and Health Educator, Holliston High School; graduate student, MS in Physical Education TGfU program at Bridgewater State University

Sam Smith, Master's degree; Physical Educator, Wareham High School; graduate student, MS in Physical Education TGfU program at Bridgewater State University

7:45-8:45 (APE-7) Inclusive PE: Strategies for Including ALL Students

South Ballroom

Join this session to learn how general physical educators can adapt skill-building activities and games to include students with disabilities in enjoyable and meaningful ways. Strategies will be shared on how to create an inclusive environment, general and activity specific adaptations, and how to actively engage all students in a general physical education setting. Attendees will receive resources on how to create an inclusive PE environment that will benefit ALL students.

Track: Approaches in Special Education

Presenter: Taralyn Garner, Master's degree; Sportime featuring SPARK; National Adapted Physical Education Certification (CAPE); SHAPE America Central District Teacher of the Year 2013; Let's Move! Active School Physical Activity Leader

7:45-8:45 (PE-34) 100 Mile Club: Creating Healthy, Happy Connected Schools and Communities

Room A

The 100 Mile Club has been proven to increase student health and engagement with a meaningful and unifying goal: run or walk 100 miles in a school year. A safe and established model tailored to fit any school environment, it can be modified to fit the needs of all children including students with disabilities. Student develop goal setting and confidence as schools and communities work together to build.

Track: Approaches in Physical Education

Presenter: Kara Lubin, Master's degree; Special Education teacher; CEO/Founder, 100 Mile Club

7:45-8:45 (PE-40) Breathing New Life into Your Program With Problem-Based Teaching

Room B

This session will address the basic premises of constructivist teaching as it relates to TGfU and highlight the role of questioning in the process.

Track: Approaches in Game Centered Instruction (e.g. TGfU)

Presenter: Dr. Deborah A. Sheehy, Professor & Chairperson, Physical Education Teacher Education Placement Coordinator; TGfU International Advisory Board Member representing USA; Movement Arts, Health Promotion, & Leisure Studies, Bridgewater State University

7:45-8:45 (PE/H-20) Get Up, Unplug and Get Going!

Room C

Do you work with students you wish were more physically active? Especially the students whose schedules are not already dominated by youth sports? Or the students who get too much screen time? This session will provide evidence based strategies to get kids moving in and out of school. Many examples will be provided which can be used in school and shared at home.

Track: Approaches in Health Education

Presenter: Dr. Lynn Pantuosco-Hensch; Professor, Westfield State College; Director of Sports Medicine, Westfield State College

7:45-8:45 (H-83) HPE the Perfect Place for SEL

Room D

Learn why the gymnasium and the skills-based classroom are the perfect places to teach about social-emotional learning skills. SEL is being marketed as something separate but HPE is already teaching these skills. Join us to gain knowledge about the topic and the confidence to advocate for SEL inclusion into HPE.

Track: Approaches in Health Education

Presenters: Mary Connolly, CAGS; Program Chair, Health and Family and Consumer Science, Cambridge College
Noel Vigue, Director of Health and Physical Education, Milton Public Schools; MAHPERD Vice President Physical Education Division

7:45-8:45 (PE-22) Integrating STEM With Physical Activity

Junior Ballroom

This session integrates STEM (Science, Technology, Engineering, and Math) with Physical Activity in a unique way that helps develop healthier, more productive children. Participants will learn how physical activities, combined with STEM concepts will help instill positive exercise habits and increase STEM knowledge. Targets 3-6 grade.

Track: Approaches in Physical Education

Presenter: Sandy Slade, Bachelor's degree; President and CEO of Skillastics

MONDAY, NOVEMBER 6, 2017

9:00-10:00 GENERAL SESSION North & Central Ballrooms

Keynote Speaker: Dr. John Ratey

"How to Bring Back Exercise to Our Schools: EVIDENCE"

Dr. Ratey will try and bring the latest science to support the fact that the more fit our children are, the better learners they will become.

There is compelling evidence from all parts of the world and now especially from Asia, that getting our kids moving during the day improves their mood, motivation and their tests scores. The world has forgotten this in lieu of increasing tests scores; and now is the time to reacquaint the public and school administrators with the facts.

various settings (from urban to rural) this session will lay an information foundation for instructional needs for teaching a diverse population such as managing behaviors, class structure, routine and the sensory needs of students. It will provide usable tools which can be implemented when teaching spaces and/or equipment are tight.

Track: Approaches in Special Education

Presenter: Valerie Meiners, Master's degree, CAGS; Adapted Physical Educator, Andover Public Schools

10:30-11:30 (H-19) Dove Self-Esteem Curriculum: Confident Me! Room B

Confident Me! is a 1 session and 5 session self esteem program for middle school students. It uses skills-based health education and focuses on:

* Challenging unrealistic sociocultural ideals of appearance

* Media literacy with respect to these ideals

* Reducing appearance comparisons and appearance conversations

* Encouraging body activism and positive behavior change

This session will bring awareness and education to the free program for any middle school interested in using it. Participants will participate in engaging activities to learn more about the program and support and incentives around implementing it in their school community.

Track: Approaches in Health Education

Presenter: Danielle Petrucci, M.Ed.; Life Skills teacher, Miles River Middle School; Adjunct Professor, Cambridge College; and Cadre Representative for Cairn Guidance promoting the Dove Self-Esteem Project Confident Me! curriculum

10:30-11:30 (ATH-21) Youth Sports: Promoting Long Term Athletic Development Room C

If you reminisce about your childhood sandlot days and have concerns over modern day youth sports culture - this session is for you. Research on sports specialization and long term athletic development will be the basis for practical strategies for improving the youth sports culture in your community. Attendees will learn ways to promote player development and lifetime involvement in sports.

Track: Approaches in Athletics

Presenter: Dr. Lynn Pantuosco-Hensch; Professor, Westfield State College; Director of Sports Medicine, Westfield State College

10:30-11:30 (H-39) Engaging Lesson Ideas that Bring Energy and the Joy of Learning to the Elementary Health Education Classroom Room D

Sample unit ideas for: Family, Tobacco/ E-cigarettes and Adolescent Changes. Games (because we need to play) and assessments for grades 3-6.

Track: Approaches in Health Education

Presenter: Pauline Carey, B.A., Springfield College; Masters degree, Cambridge College; Health and Physical Educator, Dale St. School, Medfield Public Schools; MAHPERD Health Educator of the Year 2017

10:30-11:30 (H-47) Gender Identity and Expression Room E

A conversation with Ilene and Kathy to discuss how to create school communities that are safer and more inclusive for all, terminology, resources, the gender unicorn and best practices around LGBTQ+ people and the school setting. There will be time for Q & A.

Track: Approaches in Health Education

Presenters: Ilene Sharpe, Middle School Health Educator, Wellesley Public Schools; 2010 MAHPERD Health Educator of the Year
Kathleen M. Brophy, High School Fitness & Health Educator, Wellesley Public Schools; 2015 MAHPERD High School Physical Education Teacher of the Year; SHAPE America Eastern District High School Physical Education Teacher of the Year 2016

10:30-11:30 (PE-81) Using Assessments to Motivate Junior Middle School Students Middle School Students

Students who are shown grading expectations at the beginning of each unit will be more likely to strive to meet your expectations. This session will show examples of sport play rubrics. It will include ideas for designing rubrics with specific skills, rules knowledge and game play. Sample unit grade goal sheets will be shown. Assessments for units such as touch football, volleyball, basket-

10:00-10:30 DEDICATED EXHIBIT TIME

10:15-11:30 JOSEPH MCKENNEY and PAST PRESIDENTS BRUNCH By Invitation Only 2nd Floor Conference Room Sponsored by Bridgewater State University

10:30-11:30 (REC-12) Active Team-Building – Activities That Teach 21st Century Skills Activity Area 1

There are many great team-building and problem solving activities, however many of them are less active than most PE teachers would prefer. Let's change that. Learn a variety of physically active and challenging team-building activities that teach critical thinking, communication, collaboration, and creativity (21st century skills) while increasing activity level and heart rates. Leave connected and energized with ready to go activities.

Track: Approaches in Adventure Education and Cooperative Learning

Presenter: Nate Folan, Bachelor's degree; Nate Folan Consulting; Prior to starting his own training and consulting business, Nate was a senior trainer with Project Adventure for more than 10 years, wilderness therapy guide (4 years), camp counselor (8 summers), and search and rescue volunteer (6 years).

10:30-11:30 (PE-17) KIN-Ball: A Non-Traditional Action-Packed Game Activity Area 2

The sport of KIN-BALL requires skills and strategies not found in any traditional athletic competition. No physical contact, no intimidation, no interference, no one left out. Every member of the team is involved in the continuous action. Promotes cooperation, speed, agility, aerobic activity, coordination, flexibility, and sportsmanship. The only equipment needed is the official 48" Kin-Ball. Play inside or out. Have a ball!

Track: Approaches in Physical Education

Presenter: Terry Gooding, Master's degree; Omnikin, Inc. USA Coordinator; former educator Newport News, VA for 32 years; recipient of VAHPERD Elementary Physical Education Teacher of the Year, High School Physical Education Teacher of the Year, Honor Award and Pioneer Award

10:30-11:30 (PE-37) TGFU, Tactical Games and Other Variations: Different Path South Ballroom Up the Same Mountain

This practical session will describe variations on the theme of Teaching Games for Understanding, and present ideas for implementation at the secondary level. After a description of variations on TGFU, participants will cover invasion and net game content.

Track: Approaches in Game Centered Instruction (e.g. TGFU)

Presenter: Dr. Steve Mitchell, Professor, Associate Dean for Administrative Affairs and Graduate Education, College of Education, Health and Human Services, Kent State University

10:30-11:30 (APE-11) Arggh! What Do I Do Now? Creating Predictability in an Unpredictable Gym Room A

This session will contribute to the improvement of instructional practices for Adapted Physical Education and General Physical Education teachers. Adapted Physical Education teachers must "adapt" to the needs of varying students but also space and equipment availability. Based on experience teaching in

MONDAY, NOVEMBER 6, 2017

ball, dance, gymnastics, rollerblading, and fitness testing will be discussed.

Track: Approaches in Assessment

Presenter: Karen Cavaioli, Elementary Physical Education Teacher, Florence Sawyer School, Bolton; 2007 MAHPERD Elementary Teacher of the Year

11:30-12:20 LUNCH – Visit Exhibits!
Student Poster Session Foyer
MAHPERD Booth/Store Foyer
College Superstar Field Day Challenge Foyer
Council for Future Professionals Raffle Foyer

12:30-1:30 (REC-14) Active Debriefs – Spark Conversations That Matter Activity Area 1

For those who implement adventure education, Project Adventure, cooperative games or anyone looking for a more active way to review or reflect on a lesson. Can't sit still? Need to move? Come play with the process of debriefing! Experience a variety of activities that move meaning beyond the traditional debrief circle. This session offers a new debriefing paradigm for PE and Health teachers who desire to keep students engaged, recognize their group's desire to play, and simply want to explore an active way to spark conversations that matter.

Track: Approaches in Adventure Education and Cooperative Learning

Presenter: Nate Folan, Bachelor's degree; Nate Folan Consulting; Prior to starting his own training and consulting business, Nate was a senior trainer with Project Adventure for more than 10 years, wilderness therapy guide (4 years), camp counselor (8 summers), and search and rescue volunteer (6 years)

12:30-1:30 (PE-71) ACTION! Team Games Activity Area 2
 Action Packed - Students are constantly moving, planning, and working together. Teacher friendly - Included instructions provide a clear direction on game play.

Track: Approaches in Physical Education

Presenter: Bill Grinde, Gopher Sport

12:30-1:30 (PE-36) The Latest and the Greatest from the Best and the Brightest (Vol. XVI) North Ballroom
Highly Creative Games and Activities for the Physical Education Classroom

Future professionals and their instructor present movement experiences that are guaranteed to excite, engage and encourage wellness!

Track: Approaches in Physical Education

Presenters: Robert J. Rausch, Ph.D., Professor, Department of Movement Science, Sport and Leisure Studies, Westfield State University Physical Education Majors

12:30-1:30 (PE-84) How Can You Use Technology and Social Media to Improve Your PE Program? Central Ballroom

Includes resource information and discussion on You Tube, Twitter, APPs, and how to create a PLN (Professional Learning Network).

Track: Approaches in Technology

Presenter: Christine L. Basile, M.Ed.; second & third grade Wellness Teacher Elmwood School, Hopkinton; 2017 MAHPERD Elementary Teacher of the Year

12:30-1:30 (PE-66) Striking and Fielding Games and the Teaching Games for Understanding Pedagogical Model South Ballroom

This practical session will present ideas for implementing striking and fielding games using the Teaching Games for Understanding (TGfU) model. After a description of TGfU, various game forms and practice activities will be presented.

Track: Approaches in Game Centered Instruction (e.g. TGfU)

Presenter: Dr. Stephen Harvey, Associate Professor, Patton College of Education, Department of Recreation and Sport Pedagogy, Ohio University

12:30-1:30 (H-28) Intro to Teen Depression and Suicide Prevention Room A

Suicide is the second-leading cause of death among young people aged 15-24, and untreated depression is the primary factor behind the majority of suicides. Every caring adult can learn how to help a teen. This session combines psychoeducation about teen depression and suicide with legal requirements and guidelines for schools, with the result being that attendees leave with a deeper knowledge of teen depression and suicide, more confidence in helping a young person who might have depression, a better sense of managing the mental health wellness curriculum, and a greater ability to support school/district efforts to prevent suicides. The session utilizes PowerPoint, Q&A, and discussion. Participants receive a fact sheet about teen depression and a free set of our Depression and Wellness Guides for Parents and Teens, available in English or Spanish.

Track: Approaches in Health Education

Presenters: Susan Weinstein, Esq., Co-Executive Director (Programs and Operations) of Families for Depression Awareness; Executive Committee member of the Mass. Suicide Prevention Coalition

12:30-1:30 (CTAHP-93) Meeting Room B

This meeting is for all Directors of Health & Physical Education including lead teachers to discuss issues, concerns and share information with one another about programming/advocacy.

12:30-1:30 (ATH-64) Hormones, Hair Elastics & Helmets: The Art and Science of Successfully Coaching Female Athletes Room C

This informative and engaging presentation will highlight for all coaches, administrators and educators the unique and rewarding challenges of coaching female student-athletes. Some of the topics covered will be:

1. What motivates female athletes to participate in athletics?
2. Fostering leadership, independence and team unity.
3. What type of coach and coaching style do female athletes prefer?
4. Developing our next generations of talented leaders.

Track: Approaches in Athletics

Presenter: Dr. Jeff LaCure, Sports Psychologist, Grafton MA/Putnam, CT; author of several books including the ground-breaking Hormones, Hair Elastics & Helmets: The Art and Science of Successfully Coaching Female Athletes; member, MIAA Partners in Prevention Committee; graduate psychology faculty, Cambridge College; varsity girls softball coach, Ludlow High

12:30-1:30 (H-50) Total Engagement Strategies For Skills-Based Health Education Room D

Learn how to engage all students in the learning of health content and skills with strategies from the Association for Supervision and Curriculum Development (ASCD). Bow ties, think-pair-share, sorts, and cubes are only a few of the strategies to incorporate into your instruction and assessment to improve your teaching and student learning.

Track: Approaches in Health Education

Presenter: Mary Connolly, CAGS; Cambridge College

12:30-1:30 (PE/TECH-51) Heart Rate Technology and Data Collection Room E

Be inspired by MA schools in how they are using heart rate technology in physical education classes to empower kids to get excited about fitness, teaching them how to self-manage their own health, connecting daily with parents, all while linking PE to social and emotional health and academic performance from K-12. Learn how new assessment technology is changing behaviors, the value of PE within the school day and the long-term health habits of students.

Track: Approaches in Technology

Presenters: Bev Brown, Member IHT's National Advisory Board & the Director of Customer Success
 Jen Ohlson, Founder & President, Interactive Health Technologies (IHT)

12:30-1:30 (PE-59) Tricks of the Trade for Future Professionals Junior Ballroom

Geared towards undergraduate students in the health, physical education, recreation or dance fields looking to learn more about the key elements of

MONDAY, NOVEMBER 6, 2017

becoming a high quality future educator and leader. It is a collaborative mixture of workshops inspired by renowned leaders within NYS AHPERD. The session contributes to the improvement of future professionals' leadership skills, interviewing techniques, content knowledge and overall professional development. An interactive session that includes take-home instant activities and more importantly, take-home messages that can be applied into action. The ultimate goal of this session is to strengthen the qualities of the teachers of tomorrow.

Track: Approaches in Physical Education

Presenter: Madison Hornung, Bachelor's degree; Graduate Fellow and Graduate student at Springfield College; SHAPE America Outstanding Major of the Year & Outstanding Adapted P.E. Major of the Year

1:40-2:40 (REC-13) Tag – What's the Point? Activity Area 1

The game of tag is classic. It's fun. It's active. It gets the heart rate up, etc. Tag, though, when used beyond its typical purpose, holds great value. Tag's many uses range from developing physical, social, and emotional skills to creating an environment that fosters support, creativity, and risk taking. It even has the ability to develop communication, resiliency, collaboration, and compassion. So, what's the point? The point is - the game of tag is versatile beyond its typical use. Come play a bunch of tag games and leave with connections to a variety of learning outcomes.

Track: Approaches in Adventure Education and Cooperative Learning

Presenter: Nate Folan, Bachelor's degree; Nate Folan Consulting; Prior to starting his own training and consulting business, Nate was a senior trainer with Project Adventure for more than 10 years, wilderness therapy guide (4 years), camp counselor (8 summers), and search and rescue volunteer (6 years).

1:40-2:40 (PE-16) Omnikin: Fitness Fun, Team Building Cooperative Games, Skill Development Activity Area 2

Develop movement and skill fundamentals, promote team building, enhance fitness levels, and provide activities for students to experience success and fun. Omnikin supports the Physical Education Standards and instructional best practices. Balls are light-weight, durable, non-threatening, and range from 14"- 48". Active participation – come move and learn.

Track: Approaches in Physical Education

Presenter: Terry Gooding, Master's degree; Omnikin, Inc. USA Coordinator; former educator Newport News, VA for 32 years; recipient of VAHPERD Elementary Physical Education Teacher of the Year, High School Physical Education Teacher of the Year, Honor Award and Pioneer Award

1:40-2:40 (ST-92) Students – OFP North Ballroom Wheels in Motion for the Future of Health and Physical Education: 2018 Student Advocacy Initiative

Calling ALL students to attend an interactive session that will prepare us for a visit to the State House. In the spring of 2018, students from our state universities and colleges will be invited to visit with legislators and advocate for the future of health and physical education in the state of Massachusetts. Don't miss this opportunity to have a voice in your future as an educator; snacks will be served.

Presenters: Dr. Ann Marie Gallo, Chair-Council of Future Professionals
Dr. Rebecca Shangraw, MAHPERD Legislative Chair
Maria Melchionda, MAHPERD Executive Director

1:40-2:40 (PE-38) Curriculum Gymnastics in South Ballroom Elementary Physical Education

The decline in gymnastics teach is addressed and participants will participate in creative "floor work" activities designed to ensure safe and skillful gymnastic activity in a low organization environment. Content will cover a combination of balance, traveling and rotational movements.

Track: Approaches in Educational Dance and Educational Gymnastics

Presenter: Dr. Steve Mitchell, Professor, Associate Dean for Administrative Affairs and Graduate Education, College of Education, Health and Human Services, Kent State University

1:40-2:40 (H-78) Bolster Teen Self-Esteem Room A

In this hands-on session, you will receive the tools needed to empower students as they teeter on the self-esteem seesaw of adolescence. Focusing on health enhancing behaviors from the National Standards, this skills-based self-esteem unit employs the pedagogical and practical bedrocks of Universal Design for Learning and includes innovative instructional strategies, creative activities and assessments designed to help all learners optimize their social and emotional well-being. Lessons guide teens as they identify the internal and external factors that influence self-esteem and then practice the skills needed for protecting, reinforcing and promoting personal worth and happiness. Participants will leave with a comprehensive scope and sequence that fosters self-reflection, critical thinking, social-emotional learning, collaboration and community. Be ready to ride the "Carousel of Accomplishments," contribute to the "Graffiti Wall" and add your brilliant colors to the "Fireworks Display."

Track: Approaches in Health Education

Presenters: Andover Health Education team:
Cheryl Todisco, Master's degree
Stacey Consiglio
Kelly O'Donnell

1:40-2:40 (PE-15) Theme-Based Physical Education Room B

In this session, participants will learn how to use a theme in their Physical Education classroom. Using "Star Wars" as an example, you will be shown how to organize groups, develop rubrics and assessments, and how to develop developmentally appropriate movement experiences for your students.

Track: Approaches in Physical Education

Presenter: Kevin Tiller, Master's degree in Kinesiology, UNH; 2015 MAHPERD Elementary Physical Education Teacher of the Year; Andover Public Schools

1:40-2:40 (H-35) Strength-Spotting Room C

Bring out the best in you and everyone around you! What is "strength spotting?" How do we bring out the best in our students using character strengths? In this interactive session, you will learn how to use character strengths to increase happiness and wellbeing and improve behavior and performance. **Participants are encouraged to take the VIA Strength Survey and bring their list of character strengths to the workshop.

Track: Approaches in Health Education

Presenter: Pamela Garramone, M.Ed., Positive Psychology Speaker, Life Coach and Certified Laughter Yoga Leader

1:40-2:40 (PE-76) Got Assessment? Improving Assessment in Physical Education Using Technology and Creativity Room D

Assessment in physical education is critical but can often be challenging to implement. This session is designed to share assessment strategies and methods with colleagues. We will discuss how various forms of technology (Plickers, google forms, etc) can make a positive impact on your assessment practices. Other creative methods and ideas of implementing assessment will be discussed. Be ready to share, learn, and discuss with physical educators at all levels on how we can continue to improve assessment and learn from each other!

Track: Approaches in Assessment

Presenter: Jayson A. Ramalho, M.Ed.; Upper School Physical Education Teacher (Grades 5-8), Comprehensive Grammar School, Methuen Public Schools

1:40-2:40 (APE-58) Strategies and Benefits to Teaching Aquatic skills to Students With ASD Room E

Our session will encompass the way we structure our swim lessons around our students with autism and how we determine the appropriate floatation device to maximize their learning potential. We will discuss the alarming rate of drowning deaths as it relates to individuals with autism and how a well-structured swim class can help individuals with autism learn how to swim. The session will also encompass the 1:1 structure that we use to help each individual get the most out of their abilities.

Track: Approaches to Special Education

MONDAY, NOVEMBER 6, 2017

Presenters: Kevin Folland, Ed.D, Adaptive Physical Education/Aquatics Specialist, The New England Center for Children
Sean Cooke, Adaptive Physical Education Specialist, The New England Center for Children

1:40-2:40 (D-46) Dancing with the "Kids" Junior Ballroom

This session will look at "fast teach, quick learn" dances that anyone can do. Line dances, group dances, partner dances, individual dances, Country, Hip-hop, party, Square, seasonal/holiday dances...we'll do a little of everything! This will be no fault dancing! In the words of the late David Bowie . . ." Let's Dance".

Track: Approaches in Educational Dance and Educational Gymnastics

Presenter: Charles (Chip) Candy, Physical Education, Adapted Physical Education, Health and Wellness teacher, Medford Township, New Jersey School District for 37 years; 1991 NJAHPERD Dance Educator of the Year, 1993 NJAHPERD TOY, 1995 NASPE Middle School Physical Education Teacher of the Year; NJAHPERD Honor Award 2011; Flaghouse Educational Consultant/Presenter

2:50-3:50 (EX-4) Experience Sport Stacking – An Introduction to Activity Based Stacking With Speed Stacks Activity Area 1

An active session showcases movement activities from the video based Sport Stacking with Speed Stacks Instructor Guide. First time attendees receive FREE Instructional materials.

Presenter: Kailey Diedrick, Bachelor's degree; Program Director for Speed Stacks

2:50-3:50 (REC-53) Learn and Teach Circus Activity Area 2

Juggling, plate spinning, devil stick and diabolo manipulation, object balancing, stilt walking and more. A hands on primer in circus skills, including techniques, teaching tips, progressions and their age/grade level applications with plenty of personal skills development time. Learn to do circus and take home proven teaching strategies for your students.

Track: Approaches in Adventure Education and Cooperative Learning

Presenter: Greg Milstein, Associate's degree; Executive Director, The National Circus Project

2:50-3:50 (PE-62) Sports Skills as a Through Line to Teach Design Thinking North Ballroom

This session will give participants an opportunity to partake in a lesson that uses sports skills as a through line to teach design thinking as well as to enhance curriculum, instruction and assessment in physical education class. The sports demonstrated in this presentation will be soccer and floor hockey. Students will practice basic skills then will build and scaffold their own drills using critical thinking skills, collaboration, communication and creativity. Students will share their drills with other student. A 3 min. video will be shown at the end of the presentation showing an actual culminating activity with 4th graders putting on a coaching clinic teaching younger grades. This session will expose a lesson which establishes the direct connection between content students learn in class and what the world beyond their school would ask of them as coaches. Students are inspired. They take an active role in their own learning. Handouts will be provided for soccer and floor hockey lead up games and activities that build to the design thinking process/lesson as well as other design thinking/PE examples.

Track: Approaches in Physical Education

Presenter: Stephanie Travers, Master's degree; Elementary and Middle School Physical Education, and Curriculum Coordinator, Shady Hill School, Cambridge

2:50-3:50 (D-65) West African Dance and Culture Central Ballroom

Abdou brings his drum and his energy and will have everyone up and moving. He teaches the djembe dance and maybe the sabar dance. In his work with students, he intersperses stories about growing up in Senegal, West Africa and his culture.

Track: Approaches in Educational Dance and Educational Gymnastics

Presenter: Abdou Sarr, Associates degree; Senegalese Dancer; Arts Are Essential, Inc.; dances with World Rhythms, Bamidele Dancers, Individual African performers, and gives private dance lessons.

2:50-3:50 (PE-67) Using Questioning in the Teaching Games for Understanding Pedagogical Model South Ballroom

This session will offer insight into how practitioners can operationalize the use of questioning through the provision of theoretically grounded practical examples that will assist practitioners in their implementation of Teaching Games for Understanding.

Track: Approaches in Game Centered Instruction (e.g. TGfU)

Presenter: Dr. Stephen Harvey, Associate Professor, Patton College of Education, Department of Recreation and Sport Pedagogy, Ohio University

2:50-3:50 (PE-10) EZ Scan! The New Lap Counting App Room A

It's fast, it's EZ and it fits your budget. It's EZ Scan®. No more entering data by hand; kids scan their cards and the data syncs to your computer. Bonus! EZ Scan® verbally interacts with and encourages your kids. What fun! A win for everyone. Works with Ipad or Android tablets.

Track: Approaches in Technology

Presenter: Jenni Peters, Master's degree; Elementary and Adapted PE teacher; North Street School, Grafton, MA

2:50-3:50 (PE-89) "Know-Grow-Show" System Room B

Student centered learning and benchmark self-assessment is at the heart of my 'Know-Go-Grow-Show' system that I am currently developing in an effort to engage and motivate students of all abilities. I am trying to design simple systems that help students connect the dots between their knowledge, skill application, growth, and progress. My goal is to make learning a personal, tangible experience that gives students a chance to benchmark their knowledge-base, go try motor skills, grow their knowledge and skill base, and show their growth and progress using simple self-assessment worksheets.

Track: Approaches in Assessment

Presenter: Jean Elizabeth McNerney, Master's degree; Physical Education Faculty/Health & Wellness Ambassador, South High Community School, Worcester; 2017 MAHPERD High School Physical Education Teacher of the Year

2:50-3:50 (H-60) FUNctional Information: Health Content Plugins for Skills Based Health Education Room C

This session will provide attendees with student centered, active learning strategies to teach content to your health students in a skills-based health education program. This session is for ALL health educators who are looking to transition from a lecture based class to a student centered class.

Track: Approaches in Health Education

Presenters: Jeff Bartlett, Master's degree; Health Educator, Holten Richmond Middle School, Danvers
Danielle LaRocque, Middle School Health Educator, Danvers Public Schools
Claudia Brown, Health Educator/Retired Director of Health and Physical Education, North Reading High School and Adjunct Professor, Cambridge College

2:50-3:50 (REC-91) Tools for Schools by Action for Healthy Kids Room D

Action for Healthy Kids provides a variety of tools and resources to help schools implement health and wellness programs that can help your school become a place where kids learn to lead healthier lives, eat nutritious foods, are physically active and better prepared to learn each day. In this presentation you will learn how you can share AFHK's free resources with your school including school grants, healthy activity ideas, school health team trainings and Game On, AFHK's no-cost signature program.

Track: Approaches in Health Education

Presenter: Shannon Ashcroft, Massachusetts State Coordinator-Action for Healthy Kids

2:50-3:50 (APE-95) Adapted Physical Education: Strategies for Autism Room E

Strategies for working with students with Autism whether it be small group or full inclusion. Lecture and group discussion on class structure, behavior management, and ways to work in order to create a safe and engaging learning environment.

Track: Approaches in Special Education

Presenter: Nicole Wassell, Masters of Science; Assistant Professor of Physical Education Springfield College

2:50-3:50 (PE-45) FUN (Fitness that is Functional, Unique and New) Junior Ballroom

If we focus on creative, fun, and unique fitness activities, students will want to try it. Our goal is to point our students to lifetime fitness. Come see and participate in Frunning (Fun Running), 2 minute workouts, Line Fitness, Reverse Alphabet Stretching, Clap/Jump/Spin/Run, All Together Now, Rock/Paper/Scissors Fitness, Maestro, Fast/Team Bingo, Circle 5, Bucket Fitness, Dek Ring Scramble, 6 of a Kind, Jugglers on the Move, and more. Fitness...we specialize in not specializing...and FUN (Fitness that is Fast, Unique, and New).

Track: Approaches in Physical Education

Presenter: Charles (Chip) Candy, Physical Education, Adapted Physical Education, Health and Wellness teacher, Medford Township, New Jersey School District for 37 years; 1991 NJAHPERD Dance Educator of the Year, 1993 NJAHPERD TOY, 1995 NASPE Middle School Physical Education Teacher of the Year; NJAHPERD Honor Award 2011; Flaghouse Educational Consultant/Presenter

Remember to have Monday Certificate of Attendance STAMPED at the MAHPERD Booth before leaving today.

— Exhibit Hours —

Monday 10 a.m. - 4 p.m.

Tuesday 8 a.m. - 4 p.m.

*"When educating the minds
of the youth,
we must not forget
to educate their hearts."
- Dalai Lama*

TUESDAY, NOVEMBER 7, 2017

7:45-8:45 (PE-1) Outcomes-Based, Purposeful, Engaging Non-Stop Activities

Activity Area 1

Come to this session ready to move and celebrate the joy of teaching physical education. Leave with a wide-variety of activities that will span all grade levels. OPEN is a free, standards-based resource that is everything described in the title of this session and more.

Track: Approaches in Physical Education

Presenter: Nick Kline, MS Ed.; US Games; Adjunct Lecturer, SUNY Cortland

7:45-8:45 (REC-88) Rookie Rugby for Physical Education Programs

Activity Area 2

Introduce your students to the sport which returned to the Olympics in 2016 and in which girls and boys high school teams competed for an MIAA championship in 2017. Rookie Rugby is a safe, non-contact introduction to the sport in which player develop catch/pass, movement, teamwork and communication skills in an easy to learn game with near continuous action. Teacher will participate in Rookie Rugby Games and activities, be introduced to curriculum materials and receive information about support for starting programs in their schools and school districts.

Track: Approaches in Physical Education

Presenter: Bill Good, Massachusetts Youth Rugby Organization. Over 20 years experience as a player and as a certified coach from elementary school through college.

7:45-8:45 (PE-75) Assessment in TGfU: Using the Game Performance Assessment Instrument

South Ballroom

Participants will be introduced to the the TGfU model and the Games Performance Assessment Instrument - GPAI (Mitchell, J.L. Oslin, and L.L. Griffin, 2013). An explanation and demonstration of a tactical problem will be used to practice assessing performance with the GPAI. The session will conclude with debriefing about the facilitation of small-sided games, tactical awareness, and assessing skill execution, decision making, and support. By the end of the session, participants will be able to participate in or view a tactical approach to teaching games. Participants will be able to practice live scoring using the GPAI.

Track: Approaches in Assessment

Presenters: Dr. Deborah A. Sheehy, Professor & Chairperson, Physical Education Teacher Education Placement Coordinator, Movement Arts, Health Promotion, & Leisure Studies, Bridgewater State University; TGfU International Advisory Board Member representing USA

Dr. Ann Marie Gallo, EMT, Professor Physical Education and Teacher Education Coordinator, Salem State University

7:45-8:45 (H-2) Skills Based Learning in Health Education

Room A

This session will allow participants to walk away with an interactive project idea related to skills based learning in health education. I will explain the step by step process of planning and implementing an advocacy project in the form of a public service announcement using the topic of drug prevention.

Track: Approaches in Health Education

Presenter: Sneha Verelst, Master's degree; Middle School Physical Educator, Sizer School, Fitchburg, MA; Recipient of EDA Bob Pate Scholarship and National Major of the Year Award

7:45-8:45 (H-77) No Evil Project

Room B

The No Evil Project is a fun and engaging social-emotional educational program that encourages students to explore health through their identity. Participation consists of a framework of multiple means of expression from posing for fun photos, to selection of self-identified labels, and writing about a good deed they have done to show they are "not evil". This gives participants a voice to challenge stereotypes, while the introspective approach allows them to more comfortably and independently reflect on their own biases. The resulting collection of imagery and words help groups find commonality and understanding, and encourages productive conversations and learning about differences as well as advocacy for themselves and others.

Track: Approaches in Health Education

Presenter: Troy B. Thompson, Bachelor's degree; creator of the No Evil Project and the primary photographer

7:45-8:45 (H-61) Gotta Get 'Em All: Unit Hooks for Health Education

Room C

This session will provide educators with strategies that will immediately engage all students at the start of health education units. All strategies will be based on the National Health Education Standards and be focused on skills-based health education.

Track: Approaches in Health Education

Presenters: Jeff Bartlett, Master's degree; Health Educator, Holten Richmond Middle School, Danvers

Danielle LaRocque, Health Educator, Danvers Public Schools

7:45-8:45 (APE-31) Hippity Hopping for Health: Fitness Fun for All Ages, All Abilities

Junior Ballroom

Presenting the Hopball as an alternative to the stability ball workout to not only improve balance, strength and stability but to really showcase the much needed playful movement for all ages, all abilities. This curriculum integrates the importance of active engagement and meeting the students sensory needs to help improve social and behavior outcomes as well as raise levels of self control/regulation, confidence and self esteem. This type of instruction is easily assessed in a large group setting without singling out those who need extra work to meet grade level standards making it a very viable option for integrated settings with special education and/or adapted PE classes. This curriculum is appropriate for small station work or large entire class participation.

Track: Approaches in Special Education

Presenter: Kimberly Ferrara, Associate's degree; Founder and President of 501 c3 charitable organization called WiggleKids® Inc.; creator of the #BeHumanU movement; ISSA Certified Youth Fitness Instructor, a certified Creative Relaxation®; Yoga Therapy for Individuals with Autism/Special Needs Level 1 & 2 Instructor, a certified Laughter Yoga Leader and a Drums Alive® Elite Master Trainer

9:00-10:00 GENERAL SESSION

North & Central Ballrooms

Keynote Speaker: Dr. Steve Mitchell

"Pushing Curriculum Boundaries Towards 50 Million Strong by 2029"

This session will address the commitment made by SHAPE America to ensure that all of America's school children are on the path to health and physical literacy by 2019. The main focus will be on curriculum implications, strategies and measurement to enable all teachers to contribute to the national initiative.

Dr. Steve Mitchell, Associate Dean for Administrative Affairs and Graduate Education, College of Education, Health and Human Services, Kent State University

10:00-10:30 DEDICATED EXHIBIT TIME

10:30-11:30 (REC-79) Ubuntu: How to Transform Your Teaching With A Deck of Cards

Activity Area 1

High's 5's own unique 54 card Ubuntu Card deck, this session will engage participants in adventuresome activities that can be easily transferred to any setting. Activity variations using the Ubuntu deck are perfect for K-Adult populations, small and large group sized, and can be played over and over again.

Track: Approaches in Adventure Education and Cooperative Learning

Presenter: Lisa Hunt, Training, Program and Design, High 5 Adventure Learning Center

10:30-11:30 (PE-23) Creative Basketball and Fitness Activities

Activity Area 2

Roll up your sleeves – it's time to work! Sandy Slade will guide you through a basketball handling and dribbling workout. Learning, or for that matter, teaching basketball fundamentals can be very frustrating. By breaking down the drills into small, easy-to-attack segments, Sandy makes it easy to understand. The basketball skills you will learn will be invaluable, helping you in class.

Track: Approaches in Physical Education

Presenter: Sandy Slade, Bachelor's degree; President and CEO of Skillastics

**10:30-11:30 (PE-68) Assessment in in the Teaching South Ballroom
Games for Understanding
Pedagogical Model**

This session will introduce both formative and summative assessments that can be used when teachers use a the Teaching Games for Understanding (TGfU) pedagogical model and provide teachers with much needed practical assessment examples for assessing student learning in TGfU.

Track: Approaches in Assessment

Presenter: Dr. Stephen Harvey, Associate Professor, Patton College of Education, Department of Recreation and Sport Pedagogy, Ohio University

10:30-11:30 (PE-18) Peer Teaching Room A

Would you like to increase frequency rates for student feedback while holding students accountable for learning? Peer Teaching can help teachers accomplish both while meeting specific Grade-Level Outcomes within NASPE Standards. Participants will experience:

1. The role of a tutor by observing a performance in relation to an assigned set of critical elements.
2. Demonstrate good verbal communication skills by giving feedback to the learner.

Track: Approaches in Physical Education

Presenter: Dr. Steven Groccia, Assistant Professor of Physical Education, Springfield College

10:30-11:30 (H-29) Coping With Stress in the Workplace Room B

This session discusses signs of stress and stress management techniques, raises "more than stress" issues of anxiety and depression, and explains how to help yourself or someone else struggling with depression. For MAHPERD members, having more stress management tools at your disposal helps to address your work environment in addition to providing you with additional lessons or strategies for those you teach. The session follows a PowerPoint presentation and is interactive with the audience. Participants are encouraged to commit to one action-step to follow after the session.

Track: Approaches in Health Education

Presenter: Arielle Cohen, MSW; Programs Coordinator, Families for Depression Awareness

**10:30-11:30 (ATH-33) The Overemphasis of Athletic Room C
Identity and Orthodox Masculinity
in Boys' Athletics**

In this session, we will explore the overlap among athletic identity, masculinity, homophobia, and heterosexism in boy's and men's athletics. We will discuss possible implications in sport for both men and women. We will also provide recommendations for how coaches, physical educators, and administrators can address and reframe the development of athletic identity in boys to be more inclusive and accepting.

Track: Approaches in Athletics

Presenters: Dr. Elizabeth M. Mullin, Assistant Professor of Research and Statistics, Physical Education Department, Springfield College; MAHPERD Past Vice-President for Athletics
Sarah E. Wooley, MS, ATC, CSCS, Springfield College Sport Psychology Doctoral student

**10:30-11:30 (APE-48) Adapted Physical Education National Room D
Standards "APENS": Helping Students
Of All Abilities Excel**

This session will describe and emphasize the importance and value of the Adapted Physical Education National Standards (APENS) to all Physical Educators, State and School Administrators as well as Parents. Information about the scheduled December 2, 2017 certification exam to become a Certified Adapted Physical Educator (CAPE) will be covered. The current National Standards used for the December 2nd Certification Exam and the National Standards that are currently under revision will be discussed.

Track: Approaches in Special Education

Presenter: John R. Passarini, Ed.D., CAPE; Adjunct Professor, Salem State University

**10:30-11:30 (TC-10) Bridgewater State University Room E
Moriarty Lecture
"Leader to Leader"**

This lecture will focus on identifying strategies of Leadership in the field of Wellness and (Physical Education). We are often faced with challenges that may come from administration and staff, so identifying strengths using a team approach will be explored.

Guest Lecturer: Donna Ruseckas, Program Coordinator of Physical Education and Health, Andover Public Schools; Prior to working in Andover, 17 years, Curriculum Coordinator and Director of Wellness, Watertown Public Schools; Recipient of the 2017 Dr. Catherine E. Comeau Award in leadership and professional achievement.

10:30-11:30 (D-24) Dance! Dance! Take A Chance! Junior Ballroom

This interactive session will highlight new and popular dances that are middle and high school age appropriate for students that can be translated into your classroom immediately. Samples of project based assessments will also be previewed. Come ready to dance, no prior dance experience necessary!

Track: Approaches in Educational Dance and Educational Gymnastics

Presenter: Alyssa Wesoly, Master's degree; Wellness Educator, Dover-Sherborn High School

**11:30-12:20 LUNCH – Visit Exhibits! Foyer
MAHPERD Booth/Store Foyer
Council for Future Professionals Raffle Foyer**

12:30-1:30 (REC-94) Lincoln-Sudbury Regional High School: Navigation Games Activity Area 1

This interactive session will provide foundational skills for educators to feel confident in bringing navigation activities into their program/school. We will also be sharing an eight lesson high school curriculum that was piloted this fall (September-October) at Lincoln-Sudbury Regional High School in collaboration with Navigation Games. Come ready to learn, move and get inspired!

Track: Approaches in Adventure Education and Cooperative Learning

Presenters: Amanda Klein, M.Ed; Wellness Educator and athletic coach, Lincoln-Sudbury Regional High School.
Barb Bryant President, Navigation Games, Cambridge, MA
Ethan Childs Lead instructor for Navigation Games, Member, US National Orienteering Team,

**12:30-1:30 (PE-30) Fun With TGfU: Net Wall Game Activity Area 2
for Elementary Students**

Session will include bringing a TGfU lesson to life. Lesson is designed for third grade students. Using quality questions to promote critical thinking. Lesson plan and assessment will be provided.

Track: Approaches in Game Centered Instruction (e.g. TGfU)

Presenters: Gary Parziale, Bachelor's degree; Physical Education Teacher; graduate student, Bridgewater State University, Teaching Games for Understanding cohort

Dr. Deborah A. Sheehy, Professor & Chairperson, Physical Education Teacher Education Placement Coordinator; TGfU International Advisory Board Member representing USA; Movement Arts, Health Promotion, & Leisure Studies, Bridgewater State University

12:30-1:30 (PE-44) Let's Get It Started North Ballroom

This session will focus on getting classes started with a bang. We will use instant activities, ice-breakers, adventure, Do Now's, and other FUN starters to hook the class. A good beginning makes it much easier to keep class attention, enthusiasm, participation, and behavior at a high level. The first 5 minutes of class are critical...Let's get ready to MOVE!

Track: Approaches in Physical Education

Presenter: Charles (Chip) Candy, Physical Education, Adapted Physical Education, Health and Wellness teacher, Medford Township, New Jersey School District for 37 years; 1991 NJAHPERD Dance Educator of the Year, 1993 NJAHPERD TOY, 1995 NASPE Middle School Physical Education Teacher of the Year; NJAHPERD Honor Award 2011; Flaghouse Educational Consultant/Presenter

12:30-1:30 (REC-63) Learning Climate – Change, Challenge, Choice Central Ballroom

Irrespective of one's goals (e.g., skill acquisition, fitness, personal and social development), the success of any activity-based, purpose-driven program will depend on the learning climate. In any healthy learning climate, kids must feel: safe, capable, successful, motivated, and connected to others. They also should have a sense of ownership; that is, personal control, autonomy, "buy in." Thus, two related questions we should ask are: 1. Do my activities support my purposes?, and 2. Does my climate inspire maximum participation? In this session we will explore the concept of Change, Challenge, Choice as a means to increasing participation, thus enriching any program.

Track: Approaches in Adventure Education and Cooperative Learning

Presenter: Daniel L. Chase, Ph.D., Assistant Professor, Bridgewater State University; co-author of Traversing Walls: 68 Activities On and Off the Wall and most recently authored 2 chapters in Teaching Lifetime Outdoor Pursuits, including a chapter on orienteering and geocaching.

12:30-1:30 (PE-69) Using the Cooperative Learning Pedagogical Model in Gymnastics South Ballroom

This session will provide a practical demonstration of the cooperative learning pedagogical model. Participants will be practically involved in a gymnastics activity which will demonstrate how they can use the five key features of the cooperative learning model: (a) Positive Interdependence; (b) Accountability; (c) Face-to-face interaction; (d) Group Processing; (e) Interpersonal and small-group skills.

Track: Approaches in Educational Dance and Educational Gymnastics

Presenter: Dr. Stephen Harvey, Associate Professor, Patton College of Education, Department of Recreation and Sport Pedagogy, Ohio University

12:30-1:30 (H-72) Samaritans, Inc. – Supporting Our Youth Room A

Samaritans is a Boston based Suicide Prevention non-profit. Samaritans' mission is to reduce the incidence of suicide by alleviating despair, isolation, distress and suicidal feelings among individuals in our community, 24 hours a day through our statewide number.

Supporting Our Youth presentation is a professional development training designed for Teachers and school staff that work with youth. This presentation is designed to educate participants on the risk factors and warning signs of teen depression and suicide. This included providing instruction on how we can help prevent suicide. Interactive presentation encourage individuals to develop skills to help themselves as well as how to help a student in crisis.

Track: Approaches in Health Education

Presenter: Lauren Gablinski, Master's degree; Director, Community Education and Outreach, Samaritans, Inc.

12:30-1:30 (H-25) Sports-Related Head Injuries Room B

This will be a panel discussion to learn about real life experiences of schools, athletic trainers and survivors in dealing with sports-related head injuries. Michelle Kelly, Somerville Public Schools, will talk about their innovative programming involving student ambassadors to raise awareness about concussions. Kathleen Thornton will discuss her in-depth experience working with parents and students in sports. Linda Brown will present requirements of the sports concussion regulations. There will be time for Q & A.

Track: Approaches in Health Education

Panel: Michelle Kelly, MS, LAT, ATC, Head Athletic Trainer, Somerville High School; District Coordinator for Concussion Management

Kathleen Thornton, MS, ATC, CSCS, NASM-PES; Athletic Trainer and Team Leader for Injury Prevention/Ergonomics/Occupational Health, Southcoast Health System, New Bedford; supervisor of 11 Athletic Training outreach sites

Linda Brown, MBA; Program Coordinator for Sports Concussion Initiatives, Mass. Department of Public Health

12:30-1:30 (PE/TECH-52) Improving Programs – Collecting Data Important to Your District and the State Room C

No more pencils and clipboards! Experience technology in data collection that connects fitness and health, social-emotional learning and academics, empow-

ering students, parents, and schools to easily generate reports and track daily activity, K-12. See the results of MA districts that have collected data to improve their own program while uniting statewide data collection. Preview how to instantly collect, store and report any assessment, automate cardio tests, daily grading and effortlessly send reports with the touch of a finger.

Track: Approaches in Technology

Presenters: Bev Brown, Member IHT's National Advisory Board and the Director of Customer Success

Jen Ohlson, Founder & President, Interactive Health Technologies (IHT)

12:30-1:30 (H-82) The Real Deal – Authentic Assessment: What Does It Look Like? Room D

You may have heard of authentic assessment but what is it and what does it look like in the skills-based health classroom? Join me to learn how to design a unit plan and authentically assess student skills during class practice (formative) and at the end of the unit (Summative). Leave the session with lots of ideas on improving teaching and learning through the use of authentic assessments!

Track: Approaches in Assessment

Presenter: Mary Connolly, CAGS; Program Chair, Health and Family & Consumer Science-Cambridge College

12:30-1:30 (H-49) The New Health Education Teacher Room E

CAEP has approved the new HETE standards. If you are a trainer of health educators or just want to know the latest standards for the training of health educators, attend this session. The HETE standards impact how teachers are trained and ultimately how we teach our PreK-12 students. Come and learn how to prepare for 21st century skills-based health education.

Track: Approaches in Health Education

Presenters: Mary Connolly, CAGS, Program Chair, Health and Family & Consumer Science, Cambridge College

Dr. Irene Cucina, Graduate Health Program Coordinator, Professor Health and Human Performance, Plymouth State University; Past AAHPERD President

12:30-1:30 (D-54) Ballroom Babysteps Junior Ballroom

You don't need a background in dance to introduce your students to this important lifetime activity. Kathy and Karen will share how their love of ballroom dance has found its way into their classroom. They will help you take those baby steps towards implementing this wonderful form of movement into your curriculum. We will address inclusive language, partnering options, respect, and answer questions. Come ready to dance and have fun! Designed for K-12 educators. (Waltz, American Style Swing, Hustle, Foxtrot, Merengue) *Two of these styles would be taught.

Track: Approaches in Educational Dance and Educational Gymnastics

Presenters: Kathleen M. Brophy, Fitness & Health Educator, Wellesley High School; MAHPERD 2015 High School Teacher of the Year; 2016 Eastern District High School Physical Education Teacher of the Year

Karen Renaud, 2016 MAHPERD High School Physical Education Teacher of the Year; Director of Wellness, Hopkinton Public Schools

1:40-2:40 (PE-27) An Ultimate Guide to Middle School TGfU Activity Area 1

The session will be a sample lesson in Ultimate Frisbee using the Teaching Games for Understanding teaching model. This lesson is designed for middle school aged physical education students. This model lesson will highlight critical thinking in gameplay as well as quality questioning.

Track: Approaches in Game Centered Instruction (e.g. TGfU)

Presenter: Jeff Ghiloni, Master's degree; East Bridgewater Physical Educator, grades 7-12; graduate student, Bridgewater State University, Teaching Games for Understanding cohort

1:40-2:40 (REC-73) A New Era of Tennis Activity Area 2

The United States Tennis Association is here to welcome a new generation of players and help them usher in the next era of tennis. By working with schools, we are ready to break new ground on and off the court with our new online curriculum with grade based lesson plans!

Track: Approaches in Physical Education

Presenter: Kristen Liteplo, USTA New England; Tennis Service Representative, Eastern Massachusetts

1:40-2:40 (PE-42) Throwing the book away, Math, Science and History the Physical Education Way! North Ballroom

Participants in this session will learn cross curriculum lesson that involves Math, Science, and History at the elementary and middle school levels. Participants will take part in cardiovascular based lessons that require teamwork, cooperation and communication (TCC). These lessons are designed to help students get a different perspective as well as foster new learning techniques for all students.

Track: Approaches in Physical Education

Presenter: Troy Berg, Master's degree; Physical Education teacher, Briggs Elementary School, Ashburnham, MA

1:40-2:40 (PE-85) Keep Your Eyes on the Ball Central Ballroom

Effective teachers focus on the important things! They create an environment that encourages connections and fosters student engagement to improve motor skills and social-emotional skills. We'll explore the vital aspects from your foundation and cornerstones to class preparation, communication, and post-class reflection.

Track: Approaches in Physical Education

Presenter: Christine L. Basile, M.Ed. Second & Third Grade Wellness Teacher Elmwood School, Hopkinton, 2017 MAHPERD Elementary Physical Education Teacher of the Year

1:40-2:40 (PE-41) Rabbits and Monkeys and Bears, Oh my! South Ballroom

Using role play to explore player attitudes during games. Participants will experience the role playing of four types of players to explore player attitudes and how they impact strategies for game play in net/wall games.

Track: Approaches in Game Centered Instruction (e.g. TGfU)

Presenter: Dr. Deborah A. Sheehy, Professor & Chairperson, Physical Education Teacher Education Placement Coordinator; TGfU International Advisory Board Member representing USA; Movement Arts, Health Promotion, & Leisure Studies, Bridgewater State University

1:40-2:40 (APE-9) Physical Activity as Treatment for Attention Deficit Hyperactivity Disorder in Children Room A

Attention deficit hyperactivity disorder (ADHD) is a diagnosis impacting a significant population of children, adolescents, and adults. According to the CDC, 11% of children aged 4-17 were diagnosed with ADHD through 2011, and this number appears to be rising. One area of emerging research is the effect of acute and/or chronic exercise on ADHD and its associated symptoms. Exercise has been shown to positively impact cognitive performance and executive function in older adults and may have positive effects on cognitive function in children. This session will provide an overview of recent research documenting the relationship between physical activity and improvement in ADHD-related behaviors in children and adolescents. This emerging area of research supports the need for quality daily physical education.

Track: Approaches in Special Education

Presenter: Dr. Cathy Fuller, Dept. Chair of Health and Fitness Studies, Regis College, Weston

1:40-2:40 (H-43) 15-40 Connection's Early Detection Education: It's Lifesaving! Room B

15-40 Connection is teaching audiences how to use personal health awareness to detect cancer earlier and improve survival rates for everyone. In our session, we will talk about early cancer detection, outlining 15-40 Connection's "3 Steps Detect" strategies, share stories from survivors who now partner with 15-40 Connection as ambassadors, and outline the ways teachers and students can engage with 15-40 Connection's educational programs to bring it to their schools and communities to make sure more people have access to this lifesaving information. The statistics are staggering - 1 in 2 men and 1 in 3 women will be diagnosed with cancer in their lifetime. Early detection is the best and most effective treatment for any type of cancer. Yet the most common cancer

symptom, a subtle and persistent change to your normal health, is often ignored, accepted as new normal or associated with aging, diet or lifestyle.

Track: Approaches in Health Education

Presenters: Helene Winn, M.A.T. and MBA; Education and Outreach Director at 15-40 Connection
Kelly Fattman, Vice President of Engagement, 15-40 Connection

1:40-2:40 (ATH-32) Autonomy Supportive Coaching and Developing an Inclusive Environment Room C

Autonomy supportive coaching has been demonstrated to yield excellent psychological and performance outcomes in youth and competitive sport. In this session, we will describe autonomy supportive coaching and the behaviors an autonomy supportive coach espouses. Then, we will demonstrate the additional benefits autonomy supportive coaching provides in developing an inclusive environment specific to sexual orientation. We will discuss ways coaches can take tangible steps to be more autonomy supportive on a daily basis.

Track: Approaches in Athletics

Presenters: Dr. Elizabeth M. Mullin, Assistant Professor of Research and Statistics, Physical Education and Health Education Department, Springfield College; MAHPERD Past Vice-President for Athletics
Sarah M. Cook, MA, ATC, LAT, Springfield College Sport and Exercise Psychology Doctoral student

1:40-2:40 (PE-34) 100 Mile Club: Creating Healthy, Happy Connected Schools and Communities Room D

The 100 Mile Club has been proven to increase student health and engagement with a meaningful and unifying goal: run or walk 100 miles in a school year. A safe and established model tailored to fit any school environment, it can be modified to fit the needs of all children including students with disabilities. Student develop goal setting and confidence as schools and communities work together to build.

Track: Approaches in Physical Education

Presenter: Kara Lubin, Master's degree; Special Education teacher; CEO/Founder, 100 Mile Club

1:40-2:40 (PE-70) Assessing Learning During Gameplay in Secondary Physical Education Room E

In this session we will explore and practice how to assess game play using the Game Performance Assessment Instrument; and will explore how written scenarios can be used to assess and enhance understanding of game tactics.

Track: Approaches in Assessment

Presenter: Dr. Karen Richardson, Professor of Physical Education and Health Graduate Coordinator, Bridgewater State University

1:40-2:40 (D-55) The Hip Hop Experience Junior Ballroom

Join Jim Morrow in a Hip Hop experience. Continue your Hip Hop dance experience! Jim will offer age appropriate music and choreography for high school students. This presentation is designed to teach help physical education teachers add dance to their curriculum. Music and step sheets will accompany the session.

Track: Approaches in Educational Dance and Educational Gymnastics

Presenter: James Morrow, Masters of Fine Arts; Assistant Professor of Dance, Salem State University; High School Hip Hop – Keeping it Real!

2:50-3:50 (EX-3) Step Up Your Sport Stacking Activity Area 1 Program

Join us for a hands on experience demonstrating numerous Sport Stacking with Speed Stacks activities from our comprehensive curriculum. Receive FREE Instructional materials.

Presenter: Kailey Diedrick, Master's degree; Program Director for Speed Stacks

2:50-3:50 (REC-90) Jump Rope for Heart Is Easy and FUN! Activity Area 2

Discussion & ideas on how to make JRFH part of your physical education class! Educate your school community on the benefits of JRFH for the kids & families and for your physical education program program.

Track: Approaches in Physical Education

Presenter: Brendan Mosher, PE teacher, North Pembroke Elementary, Pembroke, MA

TUESDAY, NOVEMBER 7, 2017

2:50-3:50 (PE-8) Maximizing MVPA in your PE Class North Ballroom
MVPA (Moderate to Vigorous Physical Activity) is an essential component of quality physical education and physical activity programs. This session will share strategies and activity ideas to increase MVPA during PE classes and in other environments. Activities and strategies will be presented through 4 themes and represent a compilation of more than 25 years of lessons learned from benchmark studies; Instructional Strategies, Management Strategies, Activity Modifications and Technology. Attendees will leave ready to increase student MVPA and have the tools and resources to begin using tomorrow.

Track: Approaches in Physical Education

Presenter: Taralyn Garner, Master's degree; Sportime featuring SPARK; SHAPE America Central District Teacher of the Year 2013; Let's Move! Active School Physical Activity Leader Trainer

2:50-3:50 (PE-80) ABC's of Elementary PE Central Ballroom
Assessment

Assessments should make your life easier, not more difficult. A - Assessing what you are teaching but being selective about what is important to assess. B-Building EASY rubrics. C-Creating simple and fast methods for assessing. Other topics will include information about: Why to assess? What should you assess? How to align your assessments and curriculum to the National Standards. How to use assessments when grading students or conferencing parents.

Track: Approaches in Assessment

Presenter: Karen Cavaoli, Elementary Physical Education Teacher, Florence Sawyer School, Bolton; 2007 MAHPERD Elementary Physical Education Teacher of the Year

2:50-3:50 (ATH-87) 45,000 PE TRI Participants South Ballroom
After 18 Months

We all remember the rapid rise of Lacrosse and we currently get to see the explosive expansion of Rugby, however, over the next 5-10 years, you will hear about or see a completely new (non-traditional) sport emerge onto the Physical Education and Athletics scene. Come experience TRI, played by 3 teams at the same, featuring unique patented equipment and game properties. TRI teaches the basics of international sport features and is a hybrid of Rugby, Aussie Rules, Gaelic Football, Team Handball, Football, Soccer and Basketball, all packaged into one. As a PE activity, TRI is ACTIVE, INCLUSIVE and DYNAMIC. Focusing on social, physical, mental and emotional betterment of students, the game increases analytical decision making, encourages communication and diplomacy, while developing motor skills and awareness. After making its 2016 American debut a majority of TRI's development is building out of the North East. This demo session will provide the basics of the game, techniques, and participants get to see why so many are joining this exciting movement. The concepts, tactics and value of TRI for students and athletes will be explained, and promo giveaways will be offered throughout the demo.

Track: Approaches in Athletics

Presenters: TRI Federation Team; Jeremiah Schwarz, Creator & CEO

2:50-3:50 (H-86) Grade 5 Skills-Based Unit on Analyzing Room D
Influences – Covering Substance Abuse Awareness and Prevention

How grant funds were used to help with providing training for staff/faculty around Substance Awareness, developing and implementing a 5th grade skills based unit and building parent/community presentations! Come learn more about how to incorporate the Analyzing Influences skill into your substance unit and ways to utilize your own staff to provide trainings/education to other staff and families/communities!

Track: Approaches in Health Education

Presenter: Melonie Bennett, M.Ed., C.A.G.S.; Director of Physical Education and Health (K-12), Braintree Public Schools

2:50-3:50 (PE-74) TGfU: Putting It All Together Room E

In this session, TGfU Expert, Karen Richardson will provide a synthesis of major highlights of the TGfU track and offer a summary of TGfU's relevance. Participants will engage in small group discussion and brain storm sessions to develop ideas for using TGfU in their own program.

Track: Approaches in Game Centered Instruction (e.g. TGfU)

Presenter: Dr. Karen P. Richardson, Professor, Physical Education Teacher Education; Graduate Coordinator, Health and Physical Education; Director BSU New Teacher Partnership, Department of Movement Arts, Health Promotion and Leisure Studies, Bridgewater State University

2:50-3:50 (D-56) Hip Hop for Elementary Students Junior Ballroom

Join Jim Morrow in a Hip Hop experience. Hip Hop dance is an emerging dance form with young children. This session is designed to teach introductory dance steps and choreography for elementary physical educators. Music and step sheets will accompany the session.

Track: Approaches in Educational Dance and Educational Gymnastics

Presenter: James Morrow, Masters degree; Assistant Professor of Dance, Salem State University; Getting Hip with Dance in Elementary PE

4:00-4:30 MAHPERD GRAND FINALE

Remember to have Tuesday Certificate of Attendance
STAMPED at the MAHPERD Booth before leaving today.

— Exhibit Hours —

Monday 10 a.m. - 4 p.m. Tuesday 8 a.m. - 4 p.m.